



Money and debt



If you have no money to pay for things like food or bills, call us on **020 79 74 44 44** and ask about our Money Advice Service.

We will help you access money payments and other support



You can also check you're receiving all the benefits you should be getting by using our free benefit calculator at camden.gov.uk/BetterOff



You can also call one of these free helplines:

- Camden Council

020 79 74 44 44

- Citizens Advice Camden

0800 028 3146

- Camden Disability Action

Call **020 3833 1125** or text **07543 572793**

- Mencap

0808 808 1111



If you are getting behind or cannot afford payments for

- Energy bills
- Credit cards
- Loans
- Other debt

call National Debtline for free help and advice on [0808 808 4000](tel:08088084000)



If you owe money to your gas or electricity company and can't afford to pay it

or

if you have a pre-payment meter and can't afford to top up

get in touch with your energy supplier and ask for help – you can find their phone number on a bill



If you need to take out a loan

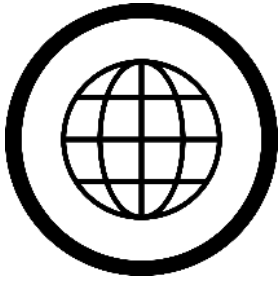
- **do not** contact a loan shark
- **do not** take out a payday loan



If you owe money and you are being threatened

- call **0300 555 2222**
- visit the **Stop Loan Sharks** website at

stoploansharks.co.uk



If you need to take out a loan, you may want to think about joining a **credit union** instead

- you can visit the **London Capital Credit Union** website at

credit-union.coop



- email them at

info@credit-union.coop



- or call

020 75 61 17 86

