



Help and advice

Help is available if you are finding it hard to pay for things like

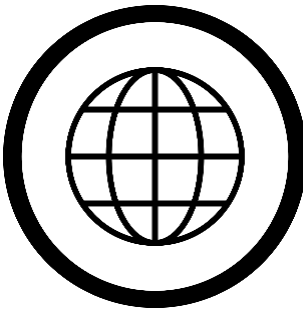


- food
- energy bills
- rent
- or you owe money and can't afford to repay it



For help and advice call us on

020 79 74 44 44



You can find out more on our website

camden.gov.uk/CostOfLiving



You can also call **Citizens Advice Camden** for free on

0800 028 3146

